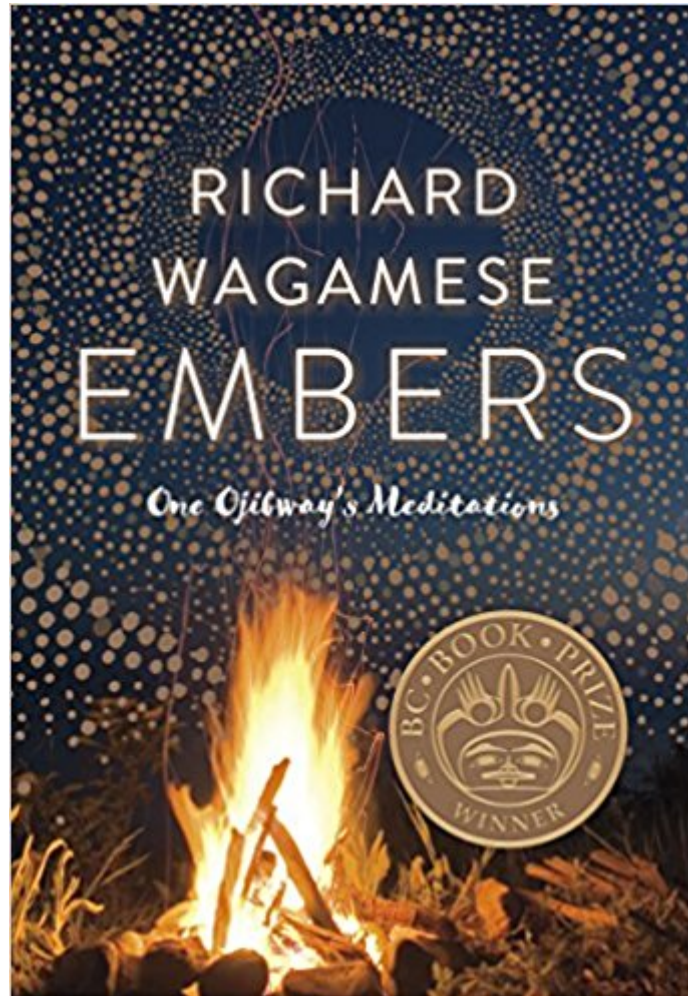




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Embers: One Ojibway's Meditations



Synopsis

"Life sometimes is hard. There are challenges. There are difficulties. There is pain. As a younger man I sought to avoid them and only ever caused myself more of the same. These days I choose to face life head on—and I have become a comet. I arc across the sky of my life and the harder times are the friction that lets the worn and tired bits drop away. It's a good way to travel; eventually I will wear away all resistance until all there is left of me is light. I can live towards that end."—Richard Wagamese, *Embers*

In this carefully curated selection of everyday reflections, Richard Wagamese finds lessons in both the mundane and sublime as he muses on the universe, drawing inspiration from working in the bush—sawing and cutting and stacking wood for winter as well as the smudge ceremony to bring him closer to the Creator. *Embers* is perhaps Richard Wagamese's most personal volume to date. Honest, evocative and articulate, he explores the various manifestations of grief, joy, recovery, beauty, gratitude, physicality and spirituality—concepts many find hard to express. But for Wagamese, spirituality is multifaceted. Within these pages, readers will find hard-won and concrete wisdom on how to feel the joy in the everyday things. Wagamese does not seek to be a teacher or guru, but these observations made along his own journey to become, as he says, "a spiritual bad-ass," make inspiring reading.

Book Information

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Customer Reviews

Richard Wagamese is one of Canada's foremost First Nations authors and storytellers. He is the author of thirteen books including *Indian Horse*, the People's Choice winner in the Canada Reads

competition. He holds Honorary Doctor of Letters degrees from Thompson Rivers University and Lakehead University. He lives in Kamloops, BC.

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